



What does Explicit Teaching Consider?

Research has found that teachers should consider the following recommended practices when planning and implementing explicit teaching of social and emotional competencies (Durlak et al., 2010; Jones et al., 2018). These four recommended practices (Sequenced, Active, Focused and Explicit) form the acronym, SAFE.

SAFE practices take into account the following considerations:

Sequenced

S

- *Are the activities sequenced in a coordinated and connected way to promote the development of the social and emotional competencies?*
- *How do the activities build on the competencies that the children have acquired?*

Active

A

- *Are the children engaged in hands-on activities as they learn the social and emotional competencies?*
- *Do the experiences enable children to practise and master the social and emotional competencies?*

Focused

F

- *Are opportunities for the development of social and emotional competencies planned for in the curriculum?*
- *Is there time and space dedicated to the development of social and emotional competencies?*

Explicit

E

- *Are specific knowledge and skills targeted in the activities?*
- *Are there explicit definitions provided for the competencies?*